





| FIT AND ACTIVE  |                    |              |                |            |
|---|--------------------|--------------|----------------|------------|
|   | Flavor             | Serving Size | Grams of Sugar | Creditable |
|    | Vanilla            | 8oz          | 30g            | YES        |
|    | Plain              | 8oz          | 14g            | YES        |
| SIMPLY NATURE ORGANIC   |                    |              |                |            |
|   | Flavor             | Serving Size | Grams of Sugar | Creditable |
|   | Whole Milk Vanilla | 227g         | 29g            | YES        |
|  | Whole Milk Plain   | 227g         | 11g            | YES        |

\*Disclaimer: the nutrition information for these lists was compiled using available information from manufacturer websites. Partners in Quality Care has published these lists as a resource and is not liable for any errors. CACFP operators are encouraged to use the original package labels.